

C.A.N. Survey© Clinical Animal Nutrition for Dogs

A System Approach to Identifying Vitamin and Mineral Imbalances and Organ Distress
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PATIENT _____ AGE _____ Weight _____ OWNER _____ DATE _____

Put a number in the box in front of the symptom **only that applies** to your dog. 1 = mild, 2 = moderate, 3 = severe.
LEAVE BLANK if it does not apply.

GROUP ONE - Sympathetic

	Dry mouth, eyes, nose		Vomits with excitement		Isolates away from family or pets
	Keyed up, fails to calm		Tends toward aggression		Afraid of storms, fireworks
	Nervous		Fear biter		Doesn't adapt easily to routine change
	Unable to relax, startles easily		High anxiety		Obsessive compulsive behavior
SCORE GROUP ONE: Number marked =				Number divided by 36 =	%

GROUP TWO - Parasympathetic

	Joint stiffness with rising		Subject to infections		Poor circulation, sensitive to cold
	Always seems hungry		Eyes or nose watery		Moist body, often an odor
	Couch potato-like attitude		Eats dirt		Sleeps more than used to
	Slow starter, slow mover		Constipation, diarrhea, alternating		Little interest in anything
SCORE GROUP TWO: Number marked =				Number divided by 36 =	%

GROUP THREE – Carbohydrate Metabolism, Sugar Handling

	Trembles, episodes of weakness		Urinating large amounts		Weight loss
	Seizures		Hungry often, eats fast		Behavior changes
	Disoriented at times		Change in appearance of eyes		Increased water consumption
	Increased sleeping, decreased activity		Cannot lose weight even with diet		Overweight
	Wheat, corn, rice, barley, oats in diet		Eats feces		Passes a lot of gas
SCORE GROUP THREE: Number marked =				Number divided by 45 =	%

GROUP FOUR – Circulation, Cardio-Pulmonary

	Exercise intolerance		Cough, especially at rest		Swelling in rear legs
	Significant loss of muscle mass		Seems disoriented at times		Difficulty breathing
	Fainting, collapse		Rear legs tremble, weak		Shortness of breath
	History of heartworms		Enlarged heart		Has had pneumonia more than once
SCORE GROUP FOUR: Number marked =				Number divided by 36 =	%

GROUP FIVE – Hepatic, Gall Bladder

	On meds over long time		Recent onset allergies		Stands with back arched
	Stool watery or diarrhea		Seizures, tremors		Elevated cholesterol, triglycerides
	Appears bloated		Change in appetite		Elevated liver enzymes, lipase
	Lethargic, depressed, restless		Frequent anesthetics		Itching or squinting eyes
	Increased shedding		Food sensitivities		Ocular discharge
	Red eyes or ears		Anal Sac problems, Scooting		Rubs at ears or face
	Sporadic vomit/diarrhea		Licks or chews at feet or anus		Crusty lip sores
	General itchiness		Red tummy		Gas
SCORE GROUP FIVE: Number marked =				Number divided by 72 =	%

GROUP SIX - Digestion

	Vomits after fatty meal		History of pancreatitis		Intermittent vomiting
	Halitosis		Recurrent diarrhea		Excessive or chronic eye drainage
	Pale-colored stool		Rancid odor to stool		Poor coat
	Stomach distress common		Belches, regurgitation		Recent intestinal parasites
SCORE GROUP SIX: Number marked =				Number divided by 36 =	%

GROUP SEVEN – A – Thyroid Glands			
Increased shedding		Stiff gait Oily, greasy coat	Depression, mentally dull
Thinning, sparse coat, bald spots		Weak pulse	Exercise intolerant
Warts		Elevated blood cholesterol	Back/neck problems
Dry, scaly skin		Fatty tumors	Increased pigment to skin
Obese or can't lose weight		Stiff gait	Weak knee ligaments
		SCORE GROUP SEVEN A: Number marked =	Number divided by 45 = %

GROUP SEVEN – B – Pituitary Gland			
Failing memory		Weight gain around rear end, fat pads	Abnormal heat cycles of intact females
Abnormal thirst		Neutered male retains sexual activity	Pigment spots to skin
		SCORE GROUP SEVEN B: Number marked =	Number divided by 18 = %

GROUP SEVEN – C – Adrenal Glands, Hyperactive			
Excessive water consumption		Panting more than used to, excessive	Muscles seem weak
Increased urination		Lethargic	Distended abdomen
Thin skin		Pacing	Change in behavior
Decline in arthritic symptoms		Weak knees	Thinning fur
		SCORE GROUP SEVEN C: Number marked =	Number divided by 36 = %

GROUP SEVEN – D – Adrenal Glands, Hypoactive			
Weakness		Slow heart	Intermittent anorexia
Depression		Weak pulse	Collapse
		SCORE GROUP SEVEN D: Number marked =	Number divided by 18 = %

GROUP EIGHT – Musculoskeletal (Calcium / Magnesium Metabolism)			
Older dog		Difficulty getting up and down	Losing muscle tone in legs or back
History of any joint surgery		Arthritic, degenerative joint disease	Healing fracture in body
Back or disc problems		Has had ligaments damaged	Suffering from a sprain or strain
Bone spurs or enlarged joints		Rapidly accumulates tartar on teeth	Difficulty supporting weight
		SCORE GROUP EIGHT: Number marked =	Number divided by 36 = %

GROUP NINE – Renal			
Abnormal or frequent urination		History of bladder stones	Leaking urine
History of bladder infections		Licking at penis or vulva	Wants to go outside more often
Reduced renal function		Cries when urinating	Prostate enlarged
High blood calcium or phosphorus		Elevated vitamin D	14 or more years old
		SCORE GROUP NINE: Number marked =	Number divided by 36 = %

GROUP TEN – Immune			
Increased shedding		Skin crawls	Frequent infections
Red bumps to skin		Poor fur quality	Odor that returns shortly after bath
Scabs, sores, or crusts to skin		Body or ear odor	Moist or heat under front/rear legs
Dandruff, flaking		Shakes head or rubs at ears	Changed skin appearance
Has had cancer		Experienced a vaccine reaction	Severe dental infection
		SCORE GROUP TEN: Number marked =	Number divided by 45 = %

GROUP ELEVEN – Pain					
	Lameness, abnormal gait		Playing less		Wobbly
	Withdrawn, hiding		Less interested in going for a walk		Shifting weight off area of body
	Reluctant to move		Change in mood, grumpy		Licking excessively an area of the body
	Dislike or intolerance of handling		Hunched back or sway back		Restlessness; pacing
	Overall activity less than normal		Groaning, moaning, grunting		Lower or tilted head or ears
	Looks depressed		Weeping, red, cloudy or squinting eyes		Temperamental, yelp or growl at others
	Hanging or tucked tail		Heavy panting, increased heart rate		Change in toileting habits
	Decreased appetite		Change in appetite & type of food willing to eat		
	Recent surgery, dental infection		Licking inanimate objects (can often be a sign of intestinal pain)		
		SCORE GROUP ELEVEN: Number marked =		Number divided by 50 =	%

SCORE / TALLY	
Primary Group:	%
Secondary Group:	%
Tertiary Group:	%

IMPORTANT

TO THE OWNER: Please list below the five main physical and or health complaints for this dog in order of importance:

1. _____
2. _____
3. _____
4. _____
5. _____

OTHER COMMENTS YOU WOULD LIKE TO MAKE: